

**Disability Awareness Week
Monday, October 26th – Sunday, November 1st**

The University Committee on Disability invites you to celebrate Disability Awareness Week. Please join us throughout the week at a variety of faculty lectures, programs, and activities.

Disability Awareness Week

Monday, October 26, 2009

- **Alternate Your Abilities, 6-8 pm,**
John Wooden Center, Main Lobby

Tuesday, October 27, 2009

- **Beginning and Experienced Adaptive Cycling,**
2-4 p.m., John Wooden Center front steps

Wednesday, October 28, 2009

- **Adaptive Rowing Exhibition, 7- 9 am**
UCLA Marine Aquatic Center, Marina del Rey
- **Adaptive Sailing Excursion, 10 am – 12pm,**
UCLA Marine Aquatic Center, Marina del Rey
- **'It's OK To Talk About It: Mental Illness and Stigma'**
Discussion about Mental Illness, 3 -4pm
CAPS - John Wooden Center West, Large Conference Room
- **Wheelchair Basketball Exhibition & Clinic,**
4-6 p.m., John Wooden Center, Collins Court

Thursday, October 29, 2009

- **Movie Viewing of Raising Kate & Tints of Autism:**
Two films written by Kathe Beltran, followed by
a Discussion, 7-8:30 p.m., DeNeve Auditorium

Friday, October 30, 2009

- **Neurodiversity 101: New Perspectives on Autism & Disability: A Panel Discussion, 2-3:30 pm,**
Marisa Leif Conference Room 3200, 300 Medical Plaza

Sunday, November 1, 2009

- **UCLA Recreation Adaptive Advanced Hand Cycling & Tandem Cycling, 9 a.m. -12 p.m.,**
UCLA Marina Aquatic Center, Marina del Rey lot 52

Monday, October 26, 2009

Alternate Your Abilities

6:00 p.m. – 8:00 p.m. John Wooden Center, Main Lobby

Through interactive experiential activities, you'll have the opportunity to participate in a variety of stations that will challenge your abilities, provide insight into what it might be like to live with a disability. This event is sponsored UCLA Recreation Adaptive Programs. No RSVP is required.

Tuesday, October 27, 2009

Beginning and Experienced Adaptive Cycling

2:00 – 4:00 p.m. John Wooden Center front steps

Join us for a bike ride and see the campus from a different perspective on a tandem or a hand cycle. This program is designed for those with mobility impairments as well as for others that would like to experience the activity of hand cycling and tandem cycling. This event is part of UCLA Recreation's Adaptive Programs. Equipment is limited - please RSVP with Jamie Hoffman jhoffman@recreation.ucla.edu or (310) 825-1059.

www.recreation.ucla.edu/adaptiveprograms

Wednesday, October 28, 2009

UCLA Recreation Adaptive Rowing Exhibition

7:00 a.m. – 9:00 a.m. UCLA Marine Aquatic Center, Marina del Rey

Come out to the MAC and see Marina del Rey from the water. UCLA Adaptive Programs is developing an Adaptive Rowing Program. Come learn about the equipment used as well as rowing technique and safety. Equipment is limited so please RSVP with Jamie Hoffman at jhoffman@recreation.ucla.edu or (310) 825-1059.

www.recreation.ucla.edu/adaptiveprograms

Wednesday, October 28, 2009

“It’s OK to Talk About It: Mental Illness and it’s Stigma”

3:00 – 4:00 p.m. CAPS John Wooden Center West Large Conference Room

Join the Counseling Center clinicians Dave Leon, LCSW and Natasha Olmos, MA in an informal discussion about mental illness, including the process of diagnosis, the etiology of the illnesses, and the negative impact of stigma on individuals with mental illness and society’s perception of these challenges. Presenters will identify and challenge commonly held myths about mental illness and provide time for discussion and questions. No RSVP required

<http://www.counseling.ucla.edu>

Wednesday, October 28, 2009

Wheelchair Basketball Exhibition & Clinic

4:00 – 6:00 p.m. John Wooden Center, Collins Court #1

Come see the Fast Breakin’ Lakers Wheelchair Basketball team in an exhibition game as well as get into a chair and learn about wheelchair basketball and shoot a few hoops. This program is designed for those with mobility impairments as well as for others that would like to experience wheelchair basketball.

Sponsored by UCLA Recreation’s Adaptive Programs, please RSVP with Jamie Hoffman jhoffman@recreation.ucla.edu or (310) 825-1059.

www.recreation.ucla.edu/adaptiveprograms

Thursday, October 29, 2009

Movie Viewing of Raising Kate & Tints of Autism: Two films produced by Kathe Beltran followed by a Discussion

7:00 – 8:30 p.m. DeNeve Auditorium

Raising Kate, Autism is all the news today. But in 1985 it wasn’t the case. An artist and mother tells’ her story, blending narrative with creation of her collage portraits. Options for Kate narrow as adulthood approaches, but, like in a work of art, there are unexpected surprises. Tints of Autism, is a portrait of three young adults with autism tell us about themselves and their aspirations. This program is co-sponsored by the UCOD, the On-Campus Housing Council, and Pathway. No RSVP required.

www.ucod.ucla.edu

www.uclaextension.edu/pathway

Friday, October 30, 2009

Neurodiversity 101: New Perspectives on Autism & Disability: A Panel Discussion

2:00 p.m. – 3:30 p.m. Marisa Leif Conference Room
3200, 300 Medical Plaza

This is a panel discussion aimed at providing the audience members with the philosophy and movement of Neurodiversity as it applies to autism and new ways of thinking about autism. The discussion will also include dialogue about autism-related issues and controversies, comparing the social and medical models of autism in areas like media, advocacy organizations, therapies, science, and medicine.

No RSVP required

Sunday, November 1, 2009

UCLA Recreation Adaptive Advanced Hand Cycling & Tandem Cycling

9:00 a.m. – 12:00 p.m. UCLA Marine Aquatic Center,
Marina del Rey lot 52 Fiji Way

Challenge yourself with increased distance and create a community while cycling with others in the Marina. This program is designed for those with mobility impairments as well as for others that would like to go for a group ride through the Marina and down the beach bike path. The program is provided through UCLA Recreation’s adaptive program. Equipment is limited so please RSVP with Jamie Hoffman at jhoffman@recreation.ucla.edu or (310) 825-1059.

www.recreation.ucla.edu/adaptiveprograms

For more information on Disability Awareness Week, visit our website at www.ucod.ucla.edu or contact:
Jamie Hoffman
UCOD Activities and Programs sub-committee
jhoffman@recreation.ucla.edu or (310) 825-1059